

Cave Diving

Articles & Opinions

A Comprehensive Guide to Cave Diving and Exploration



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This manual is not intended to be used as a substitute for proper cave diving training. Cave diving is a dangerous sport and should only be conducted under the safe supervision of an active cave diving instructor until you are fully qualified, and then only in conditions and circumstances which are as good or better than the conditions in which you were trained. Careful risk assessment, continuing education and skill practice may lessen your likelihood of an accident, but are never a guarantee for complete safety. The articles in this book are only opinions. They are intended to give you a picture of some of the opinions of experienced cave divers in our community. Not all articles have been offered by survivors, and that alone should sober the most eager participant in overhead diving activities. These articles are neither endorsed nor recommended by any individual, manufacturer or training agency, including, but not limited to, the NSS-CDS or the editors.

This book assumes a basic knowledge of diving technique and should be used to complement a training course specializing in cave diving techniques.

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